## Self-Assessment B — Identifying those "4 Ps and a C" in your own life

## The prompt

Please read the passage below. The story, all names, characters, and incidents portrayed in this scenario are fictitious. No identification with actual persons (living or deceased), places, buildings, and products is intended or should be inferred.

Following the passage is a series of questions that require your thoughtful response. Please submit your responses below and then reflect in your journal.

## The story

It's Michael's first year at Penn State and the transition has been an easy one. He's found friends and community, and his social life is on point. His family is proud of how he has adapted to this large moving object called Penn State, and his mom and dad brag about him to anyone who will listen. His little brother and sister have learned all of the PSU fight songs by heart, and when they come to visit they actually seem happy to be around him. Everything thing is awesome, except for a couple of classes. One class is pretty hard and Michael is required to write a research paper, which is something he has never done. He has let two deadlines come and go and it's looking pretty bad.

Near the end of the semester...While chatting in the common area one evening, Michael expresses his concerns to a suite mate, and the suite mate casually mentions that there are plenty of ways to get that paper written. In fact, he doesn't have to write it at all. He can buy one. All it costs is money. Nobody gets hurt either, and maybe he'll even help someone who needs the green. All Michael has to do is find somebody to hook him up. AND it's only this one time. Next semester he'll pay more attention and do the work. And if he can find someone to write his paper, maybe he can find someone who can help him with his finals....Michael didn't really have time to study for them and he didn't take a lot of notes or study much either. They're just Gen Eds. Doesn't really matter. And he'll catch up next semester.

## The rubric

A successful self-assessment reflection will:

- demonstrate a clear understanding of the story provided for reflection
- share at least one [or more] personal insight about your thought process while completing the self-assessment
- use specifics and examples from the stories and/or prompts to support why you were (or were not) surprised by your thoughts during the self-assessment process