

Moral Moments Reflections

Detailed examples of reflections that can be used for all pillars are included below.

1. Reflection 1: Self-assessment

- Complete a self-assessment.
- The theme for the reflection is, *“I didn’t know I…”*
 - i. In this reflection, you’ll explore things about yourself that you hadn’t previously considered. Write about what you were thinking when you completed the self-assessment.
 - ii. Did any of your thoughts surprise you? If so, write about that. If not, write about *that*.

2. Reflection 2: Read.

- Read the [definitions and articles](#) for the pillar.
- The theme for the reflection is, *“I thought…”*
 - i. Write about your thoughts after reading these definitions and articles and consider how your thinking is either reinforced or changed.
 - ii. This kind of self discovery will be, for some of you, a very different way to think. Does it make you feel comfortable or uncomfortable to interrogate your own ideas?

3. Reflection 3: Watch and Listen.

- Watch and/or listen to the [videos and podcasts](#) for the pillar.
- The theme for the reflection is, *“I never thought…”*
 - i. What are some new perspectives that come into focus for you through these videos/podcasts? Pay attention to when you agree or disagree with what you see and hear.
 - ii. Is there something that you saw or heard that is familiar but which was presented in a different way? Explore this. Remember, "difference" does not always equal disagreement.

4. Reflection 4: Engagements & Encounters

- Engage with others in and outside of class through the suggested [engagements and encounters](#).
- The theme for the reflection is, *“I was surprised when…”*
 - i. ^[L]_[SEP]Identify a time (or times) where you were surprised during your engagement or encounter. It could be something that you observed or your observations of your own thoughts, words, or actions._[SEP]
 1. What new insights did you gain from your engagement or encounter?_[SEP]
 2. What evidence do you have to support those insights?_[SEP]
 - ii. Start analyzing the interview you conducted with your friends and see if you can locate a trend or two._[SEP]
 1. What are the trends you identified?_[SEP]
 2. What surprised you in those conversations?

5. Reflection 5: Strategic Decision-making

- Plan and consider actions based on your changing perspectives.
- The theme for the reflection is, *“What if I…”*
 - i. Based on your inquiries and experiences this far, make a personal decision about what you agree with and what you don’t. This decision will have a ripple effect; it will affect everyone you know. Be aware when your “role” changes from participant to observer and maybe even change-maker. To change anything, you have to identify it and own it. Make your decision.
 1. Include some thoughts and/or actions that help you stay centered on your beliefs.
 2. Identify practices that already or potentially will show your beliefs in action.

Modifications:

Instruct students to consider the following before they begin:

- The format/platform used to construct responses (Word, journal, etc).
- The expected structure (bullets, paragraphs, length, etc).
- Use the rubric to organize responses. Address all aspects of the rubric in the reflection.